

Krystine Gulbrand, MD

Welcome to Hendricks Urogynecology, please fill out the following questions so we can better serve you during your visit with us. If you have any questions please reach out to one of our team members so we can assist you. Office number: 317-386-5632.

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Phone Number: \_\_\_\_\_  
Email address: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

**Reason for your visit? (Check all that apply):**

- Urinary incontinence (leaking urine)
- Leakage with activity (Sneeze, cough, run, jump, laugh)
- Leakage with urgency (can't make it to the bathroom in time)
- Urinary urgency (gotta go gotta go feeling)
- Urinating at night (more than once)
- Pelvic prolapse (bulge or protrusion in the vagina)
- Constipation or difficulties with bowel movements
- Anal incontinence (problem with bowel control or leaking stool)
- Pelvic pain
- Hematuria (blood in the urine)
- Recurrent urinary tract Infections (more than 3 positive cultures in a year)
- Fistula
- Other symptoms you would like to share:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Have you had Urogynecology treatments before?**    Yes    No

If yes, Who did you see? \_\_\_\_\_

Previous urogyn surgeries/procedures: (include procedure, date and hospital)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Have you ever used any of the following medicines to help control your bowels or bladder?

Overactive bladder medications: \_\_\_\_\_

- |                   |               |
|-------------------|---------------|
| Bladder botox     | Antidiarrheal |
| Vaginal estrogen  | Laxatives     |
| Fiber supplements | Other _____   |
| Stool Softener    | Antidiarrheal |

Do you feel you empty your bladder well? Yes No  
How often do you go to the bathroom to void (pee) while awake: every \_\_\_\_ hours  
How many times do you get up at night to void (pee): \_\_\_\_\_  
Do you use pads for leakage Yes No  
If yes, how many do you use per day? \_\_\_\_\_, how many at night \_\_\_\_\_?

What city do you live in? \_\_\_\_\_  
What do you do for work? \_\_\_\_\_  
If you are retired, what did you previously do for work? \_\_\_\_\_

How did you hear about us?

Referral	Facebook
If so, who: _____	Instagram
Pelvic Floor Physical Therapy	Google Search
Family member or friend	Brochure / Billboard
Insurance Directory	Other _____

Please describe your sexual activity over the last 5 years (check all that apply):

I had sex with one man only  
I had sex with only one woman I had multiple male partners.  
I had multiple female partners.  
I had both male and female partners.  
I did not have any sexual partners.  
Other: \_\_\_\_\_

Are you satisfied with your sex life? Yes No  
Does it hurt to have sex? Yes No

What Pharmacy would you like our office to use:

\_\_\_\_\_

Number of children you have \_\_\_\_ Number of pregnancies\_\_\_\_  
Pregnancy outcomes: \_\_\_vaginal delivery, \_\_\_ cesarean section, \_\_\_ ectopic

Date of last period: \_\_\_\_\_ (month and year)  
Are/were your periods regular (once per month)? Yes No

Date of last pap smear (cervical cancer screening)? \_\_\_\_\_ (year)  
Have you had any abnormal pap smears in the past? Yes No Unsure

Date of last colonoscopy? \_\_\_\_\_ (year) or I have never had one  
Have you ever had an abnormal colonoscopy? Yes No

Are you a current nicotine user?      Yes      No  
If yes, Check all that apply:      cigarettes      cigar      vape      hookah      chew  
If yes, how much do you use per day \_\_\_\_\_  
Have you ever considered quitting? \_\_\_\_\_  
Do you have a history of smoking?      Yes      No  
If yes, when did you quit? \_\_\_\_\_  
Do you drink alcohol?      Yes      No  
If yes, how much and how often: \_\_\_\_\_

Have you ever been a victim of abuse?      Yes      No

What is your current gender identity?  
Female/woman  
Male/man  
Transgender Female/woman, MTF (male-to-female)  
Transgender male/man, FTM (female-to-male)  
Gender Queer - neither exclusively (male nor female)  
Prefer not to answer  
Additional category \_\_\_\_\_

What sex were you assigned at birth on your birth certificate?  
Female      Other \_\_\_\_\_  
Male

What pronouns do you prefer?  
She/her/hers      Other: \_\_\_\_\_  
He/him/his  
They/them/theirs

**Use this space to type any other information you would like the doctor to know before your visit. This can include your needs for a translator, use of a wheelchair, coordination with a health care facility, or just personal information you think would be helpful.**

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**Past Surgical History (Year and type of history)**


Allergy	Reaction

We look forward to caring for you at Hendricks Urogynecology.

- Please bring out this paperwork filled out to your first appointment.
- You can also email it to [urogynecology@hendricks.org](mailto:urogynecology@hendricks.org).
- If you have documents from prior doctor visits that are relevant to your current pelvic floor concern please bring these with you to your first appointment.
- Please come to your first appointment with a comfortably full bladder.

Please feel free to call us with any questions or concerns.

**Office Address:**

Hendricks Urogynecology  
100 Hospital Lane, suite 145, Danville, IN 46122  
Office number: 317-386-5632  
Fax number: 317-386-5633